

I COULD  
WASTE  
SOME  
HELP



*Can you use a hand at something? Show it by hanging the poster in your window. Do you spot a poster of someone who wants to help? Ring the doorbell, but of course do keep your distance. Or write down your contact details on a note so they know how to reach you.*

I WANT  
TO  
HELP



*Great that you want to help! Show it by hanging the poster in your window. Do you spot a poster of someone who could use some help? Ring the doorbell, but of course do keep your distance. Or write down your contact details on a note so they know how to reach you.*